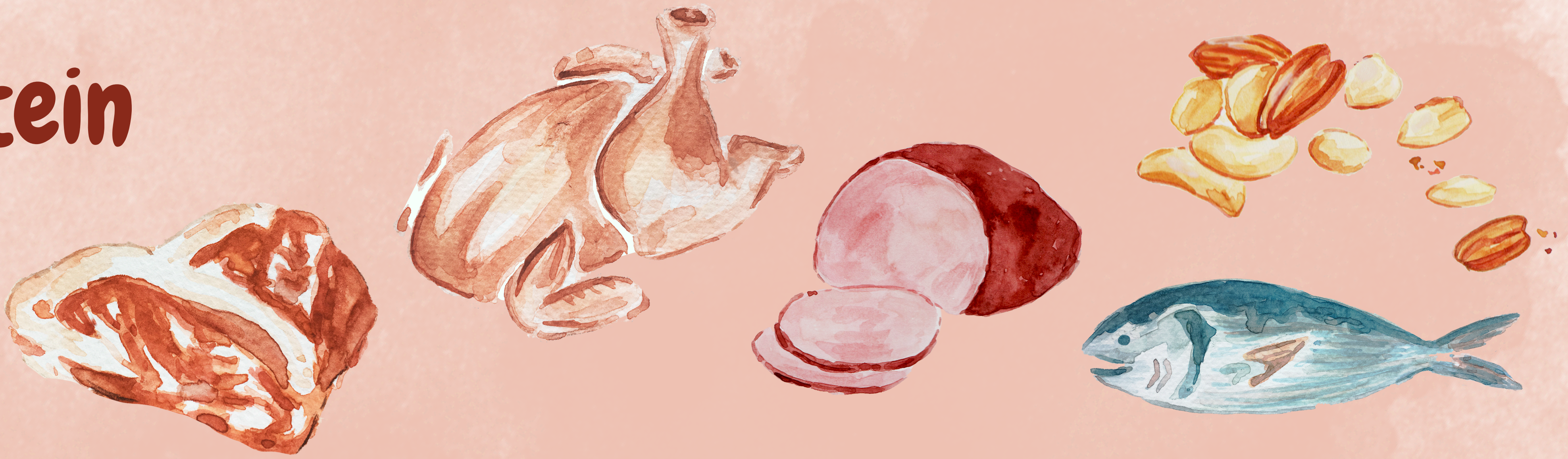


The Five Food Groups

Protein



Vegetables



Dairy



Grains



Fruit

